



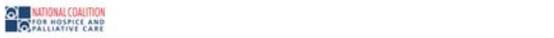
New Palliative Care Guidelines on the Horizon: What You Need to Know Now

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March 28, 2018

COALITION MEMBERS: AAHPM | APC | CAPC | HCCN | HPNA | NHPCO | NPCRC | PAHPM | SPCP | SWHPN

NCHPC History

- **2002:** Four organizations (AAHPM, HPNA, NASW, NHPCO) meet to draft the first edition of the NCP Guidelines.
- **2004:** Recognition that working together leads to advances for the field, Coalition leaders hold monthly meeting via conference calls post NCP publication.
- **2013:** First Coalition Executive Director hired; HPNA serves as Administrative Home for the Coalition
- **2017:** Coalition receives 501c3, non-profit status (can seek independent grant support)
- **2018:** Coalition has grown to 10 national leading hospice and palliative care professional orgs, independent organization



NCHPC Members




NCHPC Goals

- **Cooperate, Coordinate and Communicate** a shared vision to the public about the importance of high quality palliative care in multiple settings including hospice, hospitals, and in the community.
- **Collaborate** on public policies to improve the care of seriously ill patients and their families.
- **Educate** the public and policy makers about the need for high quality palliative care for those patients and families diagnosed with serious illness and the need for high quality hospice care for those at the end of life.

For more information, visit www.nationalcoalitionhpc.org.



Webinar Objectives

1. Describe the development process for the 4th edition of the *NCP Clinical Practice Guidelines for Quality Palliative Care*.
2. Describe the specific domains and enhancements of the 4th edition of the *NCP Clinical Practice Guidelines for Quality Palliative Care*.
3. Identify strategies to apply the 4th edition of the *NCP Clinical Practice Guidelines for Quality Palliative Care* across all care settings.



Audience Poll

- Have you heard of the National Consensus Guidelines for Palliative Care before?
 - Yes
 - No



National Consensus Project Overview

- Initiative of the National Coalition for Hospice and Palliative Care (NCHPC) to further define and underscore the value of palliative care, and to improve upon the delivery of palliative care in the United States.
- Goals:**
 - Heighten awareness of palliative care as an option in treating those with a serious illness
 - Build national consensus concerning palliative care through an open and inclusive process
 - Create and disseminate a set of evidence-based clinical practice guidelines to guide the growth and expansion of palliative care




NCP Background

- Began in 2002 with a task force of key national organizations and content experts.
- Three editions of the NCP Clinical Practice Guidelines for Quality Palliative Care have been published - 2004, 2009, and 2013.
- NCP Guidelines have served as:
 - a framework for the National Quality Forum Preferred Practices, and
 - the hallmark document within the field guiding policy makers, providers, practitioners, accreditation organizations, insurance companies and consumers in understanding and integrating the principles of quality palliative care.
- More information about the NCP is available at www.nationalcoalitionhpc.org/npc.




NCP Guidelines, 4th Ed.

- Funding:** In January 2017, the **Gordon and Betty Moore Foundation** awarded a two-year grant to the NCHPC and Hospice and Palliative Nurses Foundation (HPNF) to support a stakeholder summit and the development, endorsement, dissemination and implementation of the NCP Guidelines, 4th edition.
- Goal:** Develop and disseminate national practice guidelines to improve access to quality palliative care for all people with serious illness, regardless of setting, diagnosis, prognosis, or age.
- Plan:** Build on the success and strategies of the *National Consensus Project Clinical Practice Guidelines for Quality Palliative Care, 3rd Edition (2013)*.
- Visit:** www.nationalcoalitionhpc.org/npc-guidelines-2018 for more information.




NCP Leadership

- NCP Steering Committee and Writing Workgroup:**
 - Includes representatives from nine member organizations of the National Coalition for Hospice and Palliative Care and other national organizations, and subject matter experts
- Steering Committee Co-Chairs:**
 - Martha Twaddle, MD, FACP, FAAHPM (AAHPM representative)
 - Betty Ferrell, PhD, MA, FAAN, FPCN (HPNA representative)
- Writing Workgroup Co-Chairs:**
 - Tracy A. Schroepfer, PhD (SWPHN representative)
 - Stacie Sinclair, MPP (CAPC representative)
- NCHPC Executive Director:** Amy Melnick, MPA
- NCP Project Director:** Gwynn Sullivan, MSN
- NCP Writer/Editor:** Kathy Brandt, MS
- NCP Coordinator:** Cozzie King
- NCP Research Assistant:** Vivian Miller, LMSW




NCP Leadership Organizations





Project Components & Timeline

Development:

- NCP Steering Committee and Writing Workgroup formed, April-May 2017 (16 organizations represented)
- NCP Strategic Directions Stakeholder Summit held, June 2017 (43 organizations represented)
- Writing, review and revisions, July 2017-March 2018
- Systematic review, Feb-July 2018

Endorsement

Publication

Dissemination





NCP Stakeholder Summit

- Strategic Directions Summit held in Chicago, IL, June 29-30, 2017
- **Purpose:** Bring together key national stakeholder organizations to:
 - discuss and define essential elements of quality primary and specialty palliative care services in the community, and
 - elicit input to begin the work of creating the 4th edition of the NCP Guidelines.
- Attended by 58 representatives from 43 national organizations that covered a broad range of care settings, provider associations, accrediting bodies, payers/insurance industry, patient advocacy organizations and community services organizations.

NCP Summit Key Themes

The following are the key themes that are representative of the input and discussions from the Summit:

- Defining “Community” (for people with serious illness)
- Stakeholder Perspectives (re: current and future use of the Guidelines)
- NCP Guidelines Domains

Defining “Community”



“Community” should be defined:

- by the person; and
- as a lens through which people’s needs can be assessed.

Stakeholder Perspectives

- **Providers:** Provider practices, including accountable care organizations (ACOs) are using the Guidelines to design home-based and other community-based programs.
- **Education:** Clinical Guidelines establish the expectations for the skills and knowledge needed to practice.
- **Measurement:** Guidelines are needed to establish a baseline for measuring where you are and then measuring change.
- **Accreditation:** The Guidelines have been used to define the care that should be expected for those with serious illness.
- **Health Plans:** The Guidelines are used to ensure health plans, working with providers in their networks, are responsive to the needs of their members with serious illness.
- **Research:** The existence of the NCP Guidelines validates the level of importance and provides credibility to research.

Key Changes

Based on the overall discussions at the Summit, key considerations for the NCP Guidelines, 4th edition, include:

- Be applicable across settings wherever possible, preferably in one set of Guidelines.
- Incorporate both primary and specialty level palliative care.
- Be flexible and adaptable over time as need grows and models evolve.
- Address how to integrate community resources and services.
- Start with the eight domains as currently outlined in the NCP Guidelines, 3rd edition, and add other domains if warranted.
- Expand family caregiver focus.

Key Changes (cont.)

- Address different populations, e.g. pediatrics and geriatrics.
- Incorporate culture, communication, coordination and transitions of care throughout all domains.
- Develop a format/structure for that includes practical examples of the application of the Guidelines in various circumstances and settings
- Clarify the difference between clinical and operational guidelines.
- Include triggers for specialist level palliative care to drive utilization and integration.

Specific recommendations were also identified for the eight domains plus possible new domains.

NCP Summit Report



A Summary Report of the Summit is available to view and download at www.nationalcoalitionhpc.org/npc-summit.




Scope of Guidelines

- Goal is to improve access to quality palliative care for all people with serious illness, regardless of setting, diagnosis, prognosis, or age.
- Aims to formalize and delineate evidence-based processes and practices for the provision of safe and reliable high-quality palliative care for adults, children, and families with serious illness in all care settings.
- Serious illness is defined as a health condition that carries a high risk of mortality and either negatively impacts a person's daily function or quality of life or excessively strains their caregiver.*

**Kelley AS. Identifying the Population with Serious Illness: the "Denominator" Challenge. Journal of Palliative Medicine. This work was completed with support of the Gordon & Betty Moore Foundation.*




NCP Guidelines Domains, 4th Ed.

1. Structure and Processes for Care
2. Physical Aspects of Care
3. Psychological and Psychiatric Aspects of Care
4. Social Aspects of Care
5. Spiritual, Religious and Existential Aspects of Care
6. Cultural Aspects of Care
7. Care of the Patient at the End of Life
8. Ethical and Legal Aspects of Care




NCP Domain Elements, 4th Ed.

- Each domain includes guidelines/criteria re:
 - Comprehensive assessment
 - Caregiving
 - Care coordination
 - Cultural inclusiveness
 - Communication
 - Care transitions
- Clinical implications
- Operational implications
- Practice examples
- Evidence-based references
- Tools/resources




NCP Systematic Review

- Added to the original project scope in 2018
- **Purpose:**
 - Complete and integrate a systematic review with a formal grading of the evidence for the NCP Guidelines, 4th edition
 - Align with the criteria required for inclusion in the Agency for Healthcare Research and Quality (AHRQ) National Guideline Clearinghouse™.
- **Focus:**
 - All domains
 - All settings of palliative care (primary and specialty)
 - All ages (pediatric and adult)
- **Projected completion:** Guidelines published Fall, 2018




Project Components & Timeline

Development

Endorsement:

- Approval and endorsements from national stakeholder organizations, Spring 2018

Publication:

- Fall 2018

Dissemination:

- Dissemination via national conferences, webinars and communications, Jan-Dec 2018



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    Summit[NCP Summit] --> Evidence[Evidence]
    Evidence --> Writing[NCP Writing Workgroup]
    Evidence --> Steering[NCP Steering Committee]
    Experts[Ad Hoc Subject Matter Experts] --> Steering
    Steering --> Guidelines[NCP Guidelines 4th edition]
    
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Questions?



For More Information



**NATIONAL
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PROJECT**
FOR QUALITY PALLIATIVE CARE

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